One example of planned progression to ringing **PLAIN BOB DOUBLES**

These steps – or some of them – may be useful with certain learners.

Thirty nine steps to Plain Bob Doubles by Peter S Bennett

- 1. Ring backstroke on tied bell with assistance.
- 2. Ring handstroke on tied bell with assistance.
- 3. Ring both strokes on tied bell with assistance.
- 4. Ring backstroke only in rounds on open bells.
- 5. Ring handstroke only in rounds on open bells.
- 6. Ring both strokes on tied bell unaided.
- 7. Practise setting the bell 10 times consecutively at either stroke.
- 8. Ring both strokes in rounds with assistance on open bells.
- 9. Ring both strokes in rounds unaided on open bells.
- 10. Ring call changes on an inside bell.
- 11. Ring any bell to call changes including leading.
- 12. Ring the treble to rounds.
- 13. Kaleidoscope ringing, long place making, place making.
- 14. Learn to cover a pair of bells making places.
- 15. Build up place making to ring "Mexican Wave". (Sequential place making.)
- 16. Begin to ring rounds and call changes at other towers, with caution.
- 17. Do dodging (2 bells) on an inside pair, over at hand.
- 18. Do dodging on an inside pair, over at back.
- 19. Learn to cover a dodging pair.
- 20. Kaleidoscope ringing. Combining place making and dodging.
- 21. Ring treble to plain hunt on 4.
- 22. Ring treble to plain hunt on 5.
- 23. Learn to cover.
- 24. Ring plain hunt on 5 from bell other than the treble.
- 25. Ring plain hunt from any start/bell.
- 26. Ring treble to Bob Doubles with bob every lead, i.e. 4 and 5 changing over.
- 27. Treble to plain courses of Grandsire Doubles.
- 28. Treble to plain courses of Bob Doubles.
- 29. Treble to touches of Bob Doubles.
- 30. Treble to other Doubles methods e.g. St Simons etc.
- 31. Ring treble or 3 to Funny Bob Doubles, or treble to Bastow Little Bob.
- 32. Ring 4 to Funny Bob Doubles.
- 33. Ring 2 to Funny Bob Doubles.
- 34. Ring 5 to Funny Bob Doubles.
- 35. Ring whole plain course of Plain Bob Doubles.
- 36. Ring extent of Plain Bob Doubles as the observation bell.
- 37. Run in and out at a bob.
- 38. Learn to make 4ths at a bob (ring 60s).
- 39. Ring Plain Bob Doubles on any bell to any touch.