



# Ring the changes

## Bell ringing: a great tradition

New skills, new friends,  
new places, all ages

Join the band!

[Bell Details](#)

[Ringing Times](#)

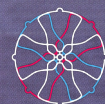
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**Find Out More**

Visit [cccbr.org.uk](http://cccbr.org.uk) & [bellringing.org](http://bellringing.org)

Email [learntoring@cccbr.org.uk](mailto:learntoring@cccbr.org.uk)

- ✓ The perfect social activity for all ages (10+) and great exercise
- ✓ The world's heaviest & loudest musical instruments - exhilarating!
- ✓ For all faiths and none with no need to be musical or strong



UK Registered Charity no. 270036

BELL RINGERS