

SUMMARY RINGING GUIDANCE (England)

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Protection	Current guidance	Basis for guidance	Practicalities
Facemasks	Wear face coverings when ringing	Facemasks are required to be worn in Places of Worship by law 1	There are limited exemptions including medical. You can also remove a facemask if you are "undertaking exercise or an activity and it would negatively impact your ability to do so."
Number of ringers	Six	Rule of Six indoors is a legal maximum	
Service ringing or practice ringing	No distinction		
Social distancing	2m when not ringing 1m when ringing	2m is still the UK Government's social distancing guidance. It is not a legal restriction. 1m no longer appears in any government guidance and is a concession suggested by the CC and agreed with CofE Recovery Group to make ringing practical	It's distance between ropes not between shoulders. However if ropes are closer together than 1m, just adjust the ringing time or other measures accordingly ²
Duration of ringing sessions	Limit to 45mins	Guidance agreed with CofE Recovery Group as a starting point for getting ringing going. It is just a typical service ringing or short practice period – even a quarter. It balances the risks of being in what are often small spaces	Better ventilation increases the amount of time ringers could spend together in the same space. ²
Hand sanitiser / sharing ropes	Use before touching a different rope	Scientific evidence that transmission by touch is no longer considered a major risk. Sanitiser is an additional precaution.	This enables ringers to ring different bells at the same practice. Effective hand sanitisers have 70% alcohol content and are not effective until dried.
Lateral Flow Tests	Take them if you are going to mix with unvaccinated ringers	UK Government recommends LFTs in order to protect unvaccinated people from those who may be asymptomatic.	Definitely if you are running youth practices. Not necessary for groups of fully vaccinated adults.
Ventilation	Ringing rooms should be well ventilated	In line with Government's "Hands Space Face Fresh Air" guidance	Ideally you should feel a draught. Good ventilation enables longer periods of ringing.

Place of Worship Guidance https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july

1. <u>https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own</u>

2. Risks are proportional to distance and to time spent in the same space together. There is no specific cut-off. 45 minutes a metre apart with adequate ventilation is a base position - judgement can be used if for instance ventilation is better (longer ringing), ropes are closer (shorter ringing), etc.