

## SUMMARY RINGING GUIDANCE (England)

Version 1.03 published 17th June

| Protection                     | Current guidance from CCCBR  | Basis for guidance (this is period up to 19 <sup>th</sup> July)  | Practicalities  |
|--------------------------------|--|--|---|
| Facemasks                      | Wear face coverings when ringing (in fact at all times in the church building) | Facemasks are required to be worn in Places of Worship <b>by law</b> <sup>1</sup>  | There are limited exemptions including medical. You can also remove a facemask if you are "undertaking exercise or an activity and it would negatively impact your ability to do so." So if you think your ringing is negatively impacted by wearing a facemask then you have an exemption. |
| Number of ringers              | Six  | Rule of Six indoors is a <b>legal maximum</b>  | Six is still the maximum even if some are the same household, so not five unconnected, plus a household.  |
| Service or practice ringing    | No distinction   |  |   |
| Social distancing              | 2m when not ringing<br>1m when ringing   | 2m is still the UK Government's social distancing guidance. It is not a legal restriction. 1m no longer appears in any government guidance and is a concession suggested by the CC and agreed with CofE Recovery Group to make ringing practical | It's distance between ropes not between shoulders.<br>However if ropes are closer together than 1m, just adjust<br>the ringing time or other measures accordingly <sup>2</sup>  |
| Duration of ringing sessions   | Limit to around 45mins   | Guidance agreed with CofE Recovery Group as a starting point for getting ringing going. It is just a typical service ringing or practice period. It balances the risks of being in what are often small spaces                                   | Better ventilation increases the amount of time ringers could spend together in the same space. <sup>2</sup>  |
| Hand sanitiser / sharing ropes | Use and allow to dry before touching a different rope or shared surface        | Scientific evidence that transmission by touch is no longer considered a major risk. Sanitiser is an additional precaution.  | This enables ringers to ring different bells at the same practice. Effective hand sanitisers have 70% alcohol. Wait until hands are dry.  |
| Lateral Flow Tests             | Take them if you are going to mix with unvaccinated ringers                    | UK Government recommends LFTs in order to protect unvaccinated people from those who may be asymptomatic.  | Definitely if you are running youth practices. Not necessary for groups of fully vaccinated adults (i.e. two vaccinations).   |
| Ventilation                    | Ringing rooms should be well ventilated with external airflow                  | In line with Government's "Hands Space Face Fresh Air" guidance  | Ideally you should feel a draught. Good ventilation enables longer periods of ringing.  |

Place of Worship Guidance https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july

- 1. <a href="https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-own-face-dow
- 2. Risks are proportional to distance and to time spent in the same space together. There is no specific cut-off. 45 minutes a metre apart with adequate ventilation is a base position judgement can be used if for instance ventilation is better (longer ringing), ropes are closer (shorter ringing), etc.